

## Don't Take Him For Granted

Men, as much as women, like to be appreciated. We like compliments, need love and support, and a partner who is passionate about us as individuals, and passionate about our relationship together.

We are all probably guilty of this. Male or female, we all, at least on occasion, fall into the trap of taking our partner for granted.

Do you ever feel like this with your guy?

Stop and think for a moment. Does your mind ever harbour any of these thoughts?

• He'll always be there

• We'll have sex another time

• I don't need to tell him I love him, he knows I do

• He should buy me dinner, he's a man

• He knows I appreciate him

• It's his job to do that

• I don't have time to talk about this now

These types of thoughts, and they creep insidiously into all of our minds from time to time, are signs of taking someone for granted.

Remaining diligent in your relationship - being conscious of showing genuine appreciation, respect and gratitude - takes effort. And that's the answer right there. We get complacent, we take our partner for granted, we take our relationships for granted, because the alternative takes effort!

Think back to when you first met your partner; the excitement you felt, the thrill of the blossoming romance. Chances are you were constantly making a conscious effort to put your best foot forward, to please him as much as possible, thanking him for every little thing he did with warm hugs and passionate kisses.

Why should this change?

The only reason it changes is that, over time, we start to slacken off in our efforts. We have our partner now. It takes energy and effort to maintain that level of intense interaction and eagerness to please.

How do you know he'll always be there? We never know how much time we have. Live for the now. Enjoy the moment. Don't put off for tomorrow what you can do today.

It would be naive and somewhat unrealistic to suggest that any couple can maintain the level of passion and intensity first experienced at the start of, and during the early stages of the relationship. But we can make an effort in some way, every day, to keep the passion alive and eradicate boring routine.

Try and think of at least one thing you can do every single day to show your man that you love him and appreciate him. This will have a very positive affect on him. Positive actions produce positive reactions. Chances are, he'll start doing the same in return.

## About the Author

The above article is an excerpt from the author's book "How To Keep Your Man: And Keep Him For Good" by Darren G. Burton. To view or purchase a copy, visit: <http://www.amazon.com/dp/1409203786/> Born in Sydney, Australia, and now living on the Gold Coast, Darren G. Burton has been writing for more than 20 years. He has written numerous full length works of fiction and non-fiction. In addition to his books, he has had many articles and short stories published in major Australian and international publications.

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