

## How to Know If Your Husband is Cheating On You? Do You Have a Cheating Wife?

Nothing can be as heart-breaking as coming across the fact that the person who you thought was your soul mate is up to something you never imagined was possible – cheating on you by having an extramarital affair. Although this is nothing unusual; we keep hearing everyday about a cheating husband here or a cheating wife there, but to have blind trust that your spouse is too loving and faithful and can never do anything wrong is only fooling yourself. As scary and hurting it may sound it is probable that your spouse could be interested in somebody else. How to know if your husband is a cheater or that you have a cheating wife? If you ever get the faintest of suspicion about your spouse's behavior, don't ignore it. Be fully alert. This article will tell you about how to know if your husband is cheating on you.

How to know if your husband is cheating?

Simply follow the clues:

If you have a cheating partner, he is likely to leave certain clues. Look for them. Does he come back home from office during the wee hours? Does he gets sudden calls and leaves with a seemingly lame excuse that it's some official emergency? Does he ever go out to meet friends he has never mentioned before? Do you often find him talking on phone in whispers? Does he show signs of panic whenever you walk on him suddenly when he is on the phone and then he hangs up when he sees you? Simplest of all, has there been any change in his behavior of late? Does he show less interest in sex and physical intimacy? All these could be tell tale signs of a cheating spouse. So before things go out of your hand it is better to start tracking the movements of your spouse. Always make sure that you have an upper hand. If you suspect that you have a cheating partner, you have every right to find out.

Ways to track your cheater spouse's movements:

There are certain techniques by which you can spot and track your cheating spouse. You can just make an excuse that you will be holidaying for some days. Leave home but don't leave town and keep a watch on your house and cheating partner's activities. This way you can spy on your cheating partner without his/her knowledge. Refer to websites which give you advice on various ways to follow your cheating spouse stealthily. You can even take professional help.

Be prepared for all kinds of consequences:

The bottom line that remains is that you should mentally and emotionally be prepared to face the truth and fight for your rights. No matter how shocking and ugly the situation is, do not ever turn violent. The choice whether you want to forgive your cheating wife or husband and continue staying together or part ways is yours. Before you find ways on how to know if your husband is cheating and put him under scrutiny, make sure whether you are fully capable of handling the kind of consequences you may have to face.

### About the Author

Read more about [Cheating Men and Cheating Women](#) at [www.WifeVsHusband.com](http://www.WifeVsHusband.com);

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