

Spiritual Partnership

WILL YOU BE MY SPIRITUAL PARTNER ?

Love is in the air. Valentine's™ love. It's™ the day when the world encourages us to shout out, declare and demonstrate LOVE for our date, mate and/or spouse.

In the middle of cold February, we take the time to remove the chill of relational disappointments and doubts. We warm ourselves by igniting the fires of passion and partnership. We heat up our commitment with romance and ritual. We honor our title of girlfriend/boyfriend, husband/wife with reverence and set out on a mission of love.

The stores offer hundreds of choices of how to show love, speak love, be love and do love.

Whether we select heart-covered boxer shorts, or a dozen red roses, the questions we all ask are the same: What would make him happy? How would she like to remember this day ?

The all-so-important Valentine card verses range from risquÃ© to religious, silly to serious and romantic to raunchy. The questions, in selecting the perfect card, continue: Does this express my love in a way that will please him? Will this make up for all the times I didn't say I LOVE YOU to her?

Decision to stay at home for a quiet, candlelight dinner, or to go out on the town for a loud, stage lit concert, is based on the answer to questions such as: Will this let him know that I appreciate him? Does this say I'm sorry for past hurts ?

It's™ all about letting the love of our life know that, today anyway, we are putting them first. It's™ a spiritual quest to make amends, fill in the gaps, renew the vows, accentuate the positive and forgive the past.

In asking the questions of ourselves, we strive to reach the essence of our love partner. What does she need? Is this his unmet desire ? Does she prefer to do this ? Will he enjoy himself? For this day of love proclamation, we know how to be unselfish. We know how to be generous of spirit and deed.

Wouldn't it be wonder-ful, if we asked these types of questions everyday ? If we realized that the Valentine's™ mindset is actually a higher love. The intention of whatever gift or Valentine card we choose is the same. To rouse up, in our loved one, the feelings of being cherished, appreciated, respected, valued, honored and yes! Loved!

In taking action in thought and deed, in the simple hope of eliciting love feelings in our mate - an amazing paradox occurs. We feel the love too! In drawing out these positive, life-affirming emotions (appreciation, respect, etc) from our loved one, we get to receive these same feelings. A universal, spiritual lesson unfolds. For it is in giving that we receive. Valentine's™ brings out in us a spirit of good will. Some might say of God's Will. Just taking the time to ask the questions, to step outside of ourselves, and to sincerely want to please and pleasure our date, mate or spouse heightens the union. Connects us spiritually. Puts us on sacred ground. And, marvelously, miraculously increases our own pleasure, happiness and sense of being loved.

We are inspired on this day to be compassionate of our mate, and accepting of their preferences. We practice restraint and put aside petty domestic differences. We live the Platinum Rule of Relationships.

â€œDo unto others as they want to be done unto.â€• This means that you love them how they really want to be loved. This also means that you treat them the way they want to be treated. These are spiritual principles encouraged by all of the Great Teachers, whether you believe in Jesus or The Buddha. Truly, Valentine's™ is the holiday of Spiritual Partnership. A spiritual partnership that we can have everyday. Remember the questions, and know that the answer is always LOVE.

About the Author

Gerri Moore, Love Repair Seminars, is a Relationship Coach for single mid and later life women. Presentations on: Love Repair: Tools For The Broken

Hearted; Spiritual Partnership; Love Shock; Opening Our Hearts To Men; and Love After 50. Ms. Moore can be reached at LoveRepairCoach@aol.com

Source: <http://www.relationshiprepair.net>